

Sōtai Mt. Vernon Seminar

Basic sequence and applications

with Stephen Brown & Rande Lucas

April 15 & 16, 2017

Middleway Institute in Mt. Vernon, WA

(62 mi N of Seattle)

Tuition: Professional \$350 /Student \$250

The seminar will cover the fundamental principles and basic sequence of Sōtai Therapy – a system of structural integration developed by Hashimoto Keizo MD. Sotai, as neuromuscular re-education, is a perfect complement for any bodywork, acupuncture, or physical therapy practice.

[Register via PayPal link at Sotai.US](#)

Full refund until 4/1/17, after that no refund

For information email: SotaiUSA@gmail.com



Stephen Brown, L.Ac. was born and raised in Japan and is at ease with it's language and culture. He returned to Japan in 1979 to study shiatsu, acupuncture and moxibustion. He graduated from Japan Central Acupuncture College in Tokyo in 1983, and learned about Sōtai soon after and translated the text ***Sōtai: Balance and Health Through Natural Movement.***

Living in the Seattle area since 1986, and has been teaching and practicing shiatsu and acupuncture ever since. Stephen is currently a core faculty member of Seattle Institute of Oriental Medicine, where he teaches and supervises in clinics for shiatsu, Sōtai, Japanese styles of acupuncture and moxibustion.

Stephen is a practitioner and teacher of traditional exercises for health including yoga, taichi, and qigong. Stephen encourages all his students and patients to practice some form of qi exercises because he believes methods of qi cultivation are as important as any healing touch, acupuncture, herbs or other medical intervention.

Rande Lucas, BSN, L.Ac. was introduced to Sōtai in 2000, and has been studying extensively with Stephen Brown, Jeffrey Dann and Bob Quinn. Akiko Thompson's influence for self-care exercises has become a main passion in her personal and professional life allowing this form of exercise to be available anyone in the world to promote health and longevity. A graduate of Pacific College of Oriental Medicine, Rande has been in private practice for 17 years in Anchorage Alaska. In addition to practicing Sōtai, she specializes in Japanese Acupuncture with emphasis on Shakuju therapy, meridian therapy, moxibustion and Kampo herbal medicine. Rande works with Sōtai .US to spread Hashimoto Sensei's work in this special technique.

Please visit our website at SOTAI.US!